



112 E. Francis / Pampa, TX 79065 / www.centramedia.com

FOR IMMEDIATE RELEASE

January 10, 2007

FOR MORE INFORMATION

Jaylene Watkins
Director, Marketing/Communication
806.665.0106, ext. 622
Jaylene.Watkins@centramedia.com

Centramedia hosts tower training course

PAMPA, TEX. – When an emergency occurs 400 feet in the air on a tower, the communications industry doesn't call 911. Instead, they rely on the knowledge, skills, and abilities of an individual who possesses certification in tower climbing safety and rescue.

On Wednesday, January 10, 2007, Centramedia, based in Pampa, Tex., hosted a ComTrain certification course at their indoor tower training facility. The two-day training was originally scheduled for mid-December in Albuquerque, but the hands-on field experience portion was cancelled due to snow. Austin-based Senior ComTrain Field Instructor John Paul Jones said he arranged the training at Centramedia because, as far as he knows, the company is one of the few within the south-central region of the United States with an indoor tower facility.

Communication industry professionals from the Texas Panhandle and Kansas participated and received certification in tower climbing safety and rescue: Deric Hays with Centramedia, J.W. Finn, Aaron Merrill and Chad Parker with Epic Touch of Elkhart, Kan., and Scott Murray with High Plains Equipment of Pampa, Tex. Additionally Hays and Murray earned instructor-level certifications in order to implement ComTrain programs within their respective companies.

The ComTrain Tower Climbing Safety and Rescue training is designed to include the OSHA mandates related to work at a wireless communication site. The field exercises include training for maneuvering on the structure, vertical/horizontal lifeline usage, rescue practice, rigging and equipment practice, equipment inspection, and structural analysis.

About ComTrain LLC:

Located in Monroe, Wisconsin, ComTrain LLC provides training programs that set the standards for professional tower technicians. ComTrain's mission is to improve the safety of persons in occupations involving extreme verticals. ComTrain LLC locates, tests and designs equipment, technologies and procedures that reduce serious injuries and death in this highly specialized industry.

About Centramedia:

Centramedia is a leading regional technology solutions provider based in Pampa, Tex. Since its inception in 1998, the company has been positioned at the forefront of state-of-the-art advances in Internet technology. Centramedia's focus is business networking services, specifically for corporations and municipalities, and wireless broadband Internet technology. Current wireless broadband service areas include: Allison, Booker, Borger, Briscoe, Clarendon, Farnsworth, Howardwick, Kelton, Lefors, McLean, Pampa, Perryton, Shamrock and Wheeler. The company also provides nation wide accelerated dial-up access, Web hosting and domain registration. For more information, call 800.886.7451, or log on to www.centramedia.com.

###

PHOTOS & CAPTIONS



J.W. Finn, network technician with Epic Touch based in Elkhart, Kan., practices rescue techniques with Deric Hays, tower crew supervisor with Centramedia based in Pampa, Tex.